



Social-Emotional *Learning*

Essential Skills

Grades 9-12

Major Concepts

- ✓ *self-awareness*
- ✓ *self-management*
- ✓ *responsible decision making*
- ✓ *social awareness*
- ✓ *relationship skills*
- ✓ *healthy self confidence*

COURSE BENEFITS

Schools are realizing that with the implementation of a social-emotional learning program, educators can decrease negative behaviors and increase what schools strive every day to increase: academic achievement, classroom communities, and positive relationships (Duginske, 2017).



Emotions

Students learn to understand and manage their emotions and make good decisions.



Diversity

Students learn to understand and get along with others in our diverse world.



Goals

Students learn to set goals and become organized, active learners.



Syllabi

Click here to view the syllabus for Social Emotional Learning: Exploring Character.